

YOUR SEXUAL HEALTH CONCERNS US



Some cancer treatments can cause sexual health side effects. These side effects can be short term, long term, or permanent. Communication between you and your medical team is crucial. We expect you to have questions on treatment options and their effect on your future sexual functioning:

- **Energy level**
- **Ability to be aroused**
- **Ability to orgasm**
- **Bowel incontinence**
- **Sexual Desire**
- **Ability to get and keep an erection**
- **Ability to have penetrative insertion**
- **Urinary incontinence**

Common patient questions:

- *When will these changes take effect? Will they be short or long term?*
- *Is there anything I can be doing to lessen the severity of the sexual health side effects?*
- *Are there treatment options to consider that will spare my sexual functioning?*
- *What books, articles, or online resources will be helpful for me or my partner?*
- *Who is the correct person that I should talk to regarding these side effects?*
- *What have your other patients found successful in the past, in resolving these issues?*

Please make a member of your medical team aware of any changes you notice in your sexual health during or after your cancer treatment. Addressing these changes early can impact long term sexual health. Thank you.