

30 Second Message Workshop



ABOUT US

After Cancer - Solutions for Sexual Health is a 501c3 non-profit organization committed to advocating for patients facing sexual health challenges during their cancer journey.

After Cancer is committed to providing affordable and accessible educational resources to providers and patient care team member related to addressing sexual health side effects with their patients.



THIS COURSE

This 90-minute workshop for patient care team members is designed to raise confidence and knowledge related to addressing sexual health side effects with patients. Attendees will develop a 30-second patient message to normalize the conversation, save a space for patient's questions or concerns at a later time, or simply refer patients to an APP with Sexual Health Specialist training.

PATIENT HANDOUTS

Patient Brochure on Sexual Health and Cancer (English and Spanish version)
Hormonal and Non-hormonal Clinical Considerations for Females
Let's Slide Into Lubricants
The Miracle of Pelvic Floor Therapy
Practical Suggestions for Tackling Low Libido
Navigating Anal Intimacy
Intimacy After an Ostomy
Fertility Considerations After a Cancer Diagnosis
For the Partner of the Patient
Sensate Focus - Touching Exercise to Navigate Intimacy Post Treatment
Minimize and Treat Androgen Deprivation Therapy
Penile Rehab Using a Vacuum Erection Device Handout
Dating During and After Cancer
The Web of Sexual Dysfunction and Impact to Sexual Response Cycle
Adolescent and Young Adult (AYA)- Special Patient Population Considerations
Sexual Scripts and Rewriting Them After Treatment
Addressing Altered Body Image
Living Your Best Life After Cancer