

Sexual Health Resources for Those Affected by Cancer

Source	Topic	Sub-Topic	Description	Link
AC	Dating and Disclosure When Affected by Cancer	Navigating the Dating Scene	Practical tips on navigating dating with an empathetic voice	Navigating the Dating Scene When Affected by Cancer
Living Beyond Breast Cancer	Dating and Disclosure When Affected by Cancer	Navigating the Dating Scene	Practical tips on navigating dating	Maintaining sexual life with breast cancer LBBC
ACS	Dating and Disclosure When Affected by Cancer	Navigating the Dating Scene	Common dating concerns for males	Cancer, Sex, and Dating Single Adult Males with Cancer American Cancer Society
PT	Emotional Well-being	Love Yourself	Love yourself no matter what	A Lesson From My Cancer Journey: Love Yourself No Matter What Psychology Today
Living Beyond Breast Cancer	Emotional Well-being	Body image	Body image with breast loss	Body image & sexuality with breast cancer LBBC
ACS	Emotional Well-Being	Self-Esteem	The Importance of continuing to work	Cancer, Sex, and the Male Body American Cancer Society
ACS	Emotional Well-Being	Self-Image	Dealing with Changes in the Way You Look and Regaining a Positive Body Image	Managing Female Sexual Problems Related to Cancer American Cancer Society

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MSK	Emotional Well-Being	Self-Image	Strategies for Regaining confidence in one's body after cancer	How to Regain Body Confidence after Cancer Memorial Sloan Kettering Cancer Center (mskcc.org)
Face 2 Face Healing	Emotional Well-being	Self-Image	Support, outreach, resources, and education for those who have cancer which has impacted self-image	Face2FaceHealing.org
NCI	Emotional Well-being	Self-Image	How cancer impacts self-image and sexuality	Self-Image, Sexuality, and Cancer - NCI
TPS	Emotional Well-being	Counseling and Support Resources	A source of a wide range of support ideas and resources, patient stories across a spectrum of cancer types: Human Answers to Your Cancer Questions	The Patient Story: Human Answers to Your Cancer Questions
AC	Emotional Well-being	Body Image	A practical guide on gaining a positive body image after cancer	Altered Body Image
AC	Emotional Well-being	Anxiety	Read how Sensate Focus can make intimate contact a relaxing, warm, non-stressful, and enjoyable experience	Senate Focus to Reestablish Intimacy
ACS	Fertility and Reproductive Health	Fertility Preservation in Females	Fertility preservation options for females in several cancer treatment situations are covered.	Preserving Fertility in Females with Cancer American Cancer Society

Source	Topic	Sub-Topic	Description	Link
ACS	Fertility and Reproductive Health	Fertility Preservation in Males	Fertility preservation options for males in several cancer treatment situations are covered.	Preserving Fertility in Males with Cancer American Cancer Society
ACS	Fertility and Reproductive Health	Fertility Preservation in Teens with Cancer	Talking about fertility preservation and ensuring this topic is brought up with your child's oncologist is discussed	Preserving Fertility in Children and Teens with Cancer American Cancer Society
Livestrong	Fertility and Reproductive Health	Financial Support for Fertility Preservation	Financial support for fertility preservation	Fertility Program for Cancer Patients and Survivors - Livestrong
ACS	Fertility and Reproductive Health	How Cancer and Cancer Treatment Affects Fertility in Females	A well-explained overview of how fertility is affected in females.	How Cancer and Cancer Treatment Can Affect Fertility in Females American Cancer Society
NCI	Fertility and Reproductive Health	How Cancer and Cancer Treatment Affects Fertility in Females	How Cancer and Cancer Treatment Affects Fertility in Females	Female Fertility Issues and Cancer — Side Effects - NCI
ACS	Fertility and Reproductive Health	How Cancer and Cancer Treatment Affects Fertility in Males	A well-explained overview of how fertility is affected in males	How Cancer and Cancer Treatment Can Affect Fertility in Males American Cancer Society
NCI	Fertility and Reproductive Health	How Cancer and Cancer Treatment Affects Fertility in Males	Article on fertility concerns for boys and men with cancer	Male Fertility Issues and Cancer — Side Effects - NCI
ACS	Fertility and Reproductive Health	How Fertility Is Affected by Cancer	A summary discussion of how cancer and treatment can affect fertility for	How Can Cancer and Cancer Treatment Affect Fertility? American Cancer Society

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		and Cancer Treatment	males and females, boys and girls.	
Living Beyond Breast Cancer	Fertility and Reproductive Health in Those with a Female Body	Birth Control	Discussion regarding birth control during breast cancer treatment	Birth control & breast cancer LBBC
AC	Fertility and Reproductive Health	Fertility and Reproductive Health Overview	An overview of fertility and reproductive health issues when affected by cancer.	Fertility Considerations After a Cancer Diagnosis
SMSNA	Intimacy and Relationships	Building and Maintaining Intimacy	Sensate Focus: works to rekindle intimacy and reduce performance anxiety	SMSNA - What Is Sensate Focus and How Does It Work?
Bright Spot Network	Intimacy and Relationships	Building and Maintaining Intimacy	A video educational program discussing maintaining intimacy and sexual connection for couples who are parents and have experienced a cancer diagnosis	Parenting with Cancer Webinar Recordings — Bright Spot Network
ACS	Intimacy and Relationships	How to Communicate with Intimate Partners	A cancer-related symptom or treatment side effect may affect spontaneity. Talk about concerns with your intimate partner	Managing Female Sexual Problems Related to Cancer American Cancer Society

Source	Topic	Sub-Topic	Description	Link
ACS	Intimacy and Relationships	How to Communicate with Intimate Partners	Males: Importance of Open Communication with Your Partner and Provider about Your Sexual Health Concerns	Cancer, Sex, and the Male Body American Cancer Society
Living Beyond Breast Cancer	Intimacy and Relationships	How to Communicate with Intimate Partners	Tips for Talking About Sexual Health with Your Partner	Talking with your partner about sex after breast cancer LBBC
Bright Spot Network	Intimacy and Relationships	How to Communicate with Intimate Partners	A video educational program discussing maintaining intimacy and sexual connection for couples who are parents and have experienced a cancer diagnosis	Parenting with Cancer Webinar Recordings — Bright Spot Network
SMSNA	Intimacy and Relationships	How to Communicate with Your Intimate Partner	How to successfully discuss sexual health concerns with your intimate partner	SMSNA - How Can I Approach a Conversation About Sex With My Partner?
Living Beyond Breast Cancer	Intimacy and Relationships	Intimacy	Sex and intimacy after breast cancer	Sex & intimacy LBBC
Black Girl Bliss	Intimacy and Relationships	Reclaim pleasure	Classes and books available to help teach Black women and femmes how to cultivate power in pleasure	Black Girl Bliss – Pleasure and Power for Wild Women of Color

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AC	Intimacy and Relationships	Dealing with Shifts in the Relationship	Addresses the challenges of the shifting, dynamic nature of the caregiver/romantic relationships and offers practical solutions	For Partners of Those Affected by Cancer
AC	Intimacy and Relationships	Building and Maintaining Intimacy	Together and with warm intent, rewrite how your intimate encounters unfold— from the first scene to the last—so that they align with what now works well for both of you.	Rewriting Your Sexual Script
NCSH	Intimacy and Relationships	Intellectual Side of Sexuality	The Brain is Our Most Important Sex Organ: Many who face sexual health challenges should look to their minds rather than their bodies	Why The Brain Is Our Most Important Sex Organ NCSH (nationalcoalitionforsexualhealth.org)
AC	Intimacy and Relationships	Building and Maintaining Intimacy	Read how Sensate Focus can make intimate contact a relaxing, warm, non-stressful, and enjoyable experience	Senate Focus to Reestablish Intimacy
AC	Intimacy with an Ostomy	Intimacy with an Ostomy	Navigating Intimacy with an Ostomy	Intimacy with an Ostomy
SMSNA	Intimacy with an Ostomy	Intimacy with an ostomy	Strategies for intimacy with ostomies	SMSNA - Exploring Intimacy for People with Ostomies

Source	Topic	Sub-Topic	Description	Link
ACS	Intimacy with an Ostomy	Intimacy with a tracheostomy	Tips for enjoying intimacy with a tracheostomy	Managing Female Sexual Problems Related to Cancer American Cancer Society
ACS	Intimacy with an Ostomy	Intimacy with an ostomy, urostomy, nephrostomy,	Tips for enjoying intimacy with an ostomy	Managing Female Sexual Problems Related to Cancer American Cancer Society
AC	LGBTQ+ Specific Sexual Health	Unique Challenges for LGBTQ+ Survivors	How to approach anal intimacy safely during and after cancer	Practical Considerations for Anal Intimacy
	LGBTQ+ Specific Sexual Health	Reclaim pleasure	Classes and books available to help teach Black women and femmes how to cultivate power in pleasure	Black Girl Bliss – Pleasure and Power for Wild Women of Color
NLGBTCN	LGBTQ+ Specific Sexual Health Issues After Cancer	Unique Challenges for LGBTQ+ Survivors	Frankly: Conversations About Sex After the Cancer Journey: A blog from National LGBT Cancer Network on Sexual Issues After Cancer treatment	Frankly - National LGBT Cancer Network (cancer-network.org)
Escape	LGBTQ+ Specific Sexual Health	Affirming Healthcare Providers and Resources	Information and support for LGBTQIA+ AYA patients and caregivers. Provides a platform for healthcare organizations to share their work as well as information and support for LGBTQIA+ AYA patients and caregivers.	Home Escape - LGBTQIA+ Adolescent and Young Adult Cancer Support (escapeayac.org)

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AC	LGBTQ+ Specific Sexual Health	AYA Affected by Cancer: Meeting the Challenge	All things cancer for AYA: support, empathy, resources, insights, sexual health, dating, fertility preservation resources, LGBTQ+ resources	AYA Affected by Cancer: Meeting the Challenge
Patty Brisben Foundation for Women's Sexual Health	Resources and Support	Educational Materials and Tools	Providing education and supporting research for women's sexual health impacted by cancer	Facts and Resources - The Patty Brisben Foundation
AASECT	Resources and Support	Finding Sexual Health Specialists	National association where you can find a sex therapist	Referral Directory AASECT:: American Association of Sexuality Educators, Counselors and Therapists
SSTR	Resources and Support	Sex Therapists	National association where you can find a sex therapist	Find a Therapist - Society for Sex Therapy and Research (SSTAR) (sstarnet.org)
AC	Sexual Health	Anal Intimacy	How to approach anal intimacy safely during and after cancer	Practical Considerations for Anal Intimacy
AC	Sexual Health	Libido	Tackling low libido	Practical Suggestions for Tackling Low Libido

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AC	Sexual Health	Lubricants	The right lubricant for the right purpose is to increase pleasure and avoid irritation.	Let's Slide Into Lubricants
ACS	Sexual Health	How Cancer and Cancer Treatment Can Affect Sexuality	How Cancer and Cancer Treatment Can Affect Sexuality	How Cancer and Cancer Treatment Can Affect Sexuality American Cancer Society
ACS	Sexual Health	How to Communicate Issues with Healthcare Providers	An overview of the importance of and how to comfortably discuss sexual issues with your healthcare provider	Cancer, Sex, and the Male Body American Cancer Society
ACS	Sexual Health	How to Communicate with Providers	How to ask questions about sexual health	Managing Female Sexual Problems Related to Cancer American Cancer Society
MSK	Sexual Health	Protecting Yourself and Your Intimate Partner During Cancer Treatment	Important information regarding protecting your and your partner from exposure to treatment agents or fertility under toxic circumstances.	Sex and Your Cancer Treatment Memorial Sloan Kettering Cancer Center (mskcc.org)
Living Beyond Breast Cancer	Sexual Health	Talking with the Healthcare Team about sex	Practical Tips for Talking with healthcare Team about sex	Talking about sex with your breast cancer healthcare team LBBC
Living Beyond Breast Cancer	Sexual Health	Tips for Talking About Sexual Health with Your Partner	Tips for Talking About Sexual Health with Your Partner	Talking with your partner about sex after breast cancer LBBC
NCSH	Sexual Health	Intellectual Side of Sexuality	The Brain is Our Most Important Sex Organ:	Why The Brain Is Our Most Important Sex Organ NCSH (nationalcoalitionforsexualhealth.org)

Source	Topic	Sub-Topic	Description	Link
			Many who face sexual health challenges should look to their minds rather than their bodies	
NCI	Sexual Health	Managing Cancer-Related Fatigue	Although cancer fatigue can feel overwhelming, your healthcare team can help you find ways to manage, treat, and cope with fatigue that is tailored to you.	Fatigue and Cancer Treatment - NCI
AC	Sexual Health	Pelvic Floor Physical Therapy	Working with a Pelvic Floor Physical Therapist Can help resolve or improve several issues: pelvic pain, pain with sex, vaginal stenosis, urinary and or bowel incontinence, erectile dysfunction	Managing Sexual Dysfunction with Pelvic Floor Physical Therapy Patient Handout
	Sexual Health	Pelvic Floor Physical Therapy	Locate a Pelvic Floor Physical Therapist Near You (Check with your health insurance that they are in-network and if you need a referral) We suggest you start with your doctor and healthcare network.	Jessica Borkowski, ARNP (Unverified) Herman and Wallace Pelvic Rehab www.pelvicrehab.com American PT Association Pelvic Health Academy https://aptapelvichealth.org/ptlocator/ Pelvic Guru https://pelvicguru.com/community/

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Living Beyond Breast Cancer	Sexual Health for Those with a Female Body	Impact of Cancer and Treatment on Sexual Health	Articles about dealing with sex and intimacy after breast cancer Sex and intimacy after breast cancer (additional links to maintaining sexual life, birth control, body image and sexuality, feeling pain during sex, talking with a partner about sex, talking with healthcare team about sex)	Sex & intimacy LBBC
AC	Sexual Health for Those with a Female Body	Impact of Cancer and Treatment on Sexual Health	Working with a Pelvic Floor Physical Therapist Can help resolve or improve several issues: pelvic pain, pain with sex, vaginal stenosis, urinary and or bowel incontinence, erectile dysfunction	Managing Sexual Dysfunction with Pelvic Floor Physical Therapy Patient Handout
Living Beyond Breast Cancer	Sexual Health for Those with a Female Body	Pain During Sex	Discussion regarding Pain during sex	Pain during sex: Breast cancer side effects LBBC

Source	Topic	Sub-Topic	Description	Link
	Sexual Health for Those with a Female Body	Comfortable Position for Sex	You and your partner can work together to find what's best for you.	Managing Female Sexual Problems Related to Cancer American Cancer Society
ACS	Sexual Health for Those with a Female Body	Hormonal Changes	Dealing with early menopause	Managing Female Sexual Problems Related to Cancer American Cancer Society
ACS	Sexual Health for Those with a Female Body	How Hormone Therapy and Certain Types of Chemotherapy Can Affect the Sex Lives of Females with Cancer	A comprehensive guide to how cancer and cancer treatment can affect the sex life of adult females and interventions.	Sexual Side Effects of Hormone Therapy & Chemo Females American Cancer Society
ACS	Sexual Health for Those with a Female Body	How Radiation Therapy Can Affect the Sex Lives of Females with Cancer	A comprehensive guide to how radiation therapy can affect the sex life of adult females and interventions.	Sexual Side Effects of Radiation Females with Cancer American Cancer Society
ACS	Sexual Health for Those with a Female Body	How Surgery Can Affect the Sex Lives of Females with Cancer	A comprehensive guide to how various cancer surgeries can affect the sex life of adult females and interventions.	How Surgery Can Affect the Sex Life of Females with Cancer American Cancer Society
ACS	Sexual Health for Those with a Female Body	Intimacy with a tracheostomy	Tips for enjoying intimacy with a tracheostomy	Managing Female Sexual Problems Related to Cancer American Cancer Society

Source	Topic	Sub-Topic	Description	Link
ACS	Sexual Health for Those with a Female Body	Intimacy with an ostomy, urostomy, nephrostomy	Tips for enjoying intimacy with an ostomy	Managing Female Sexual Problems Related to Cancer American Cancer Society
ACS	Sexual Health for Those with a Female Body	Orgasm	Anxiety-reducing approaches and suggestions to again enjoy an orgasm after cancer	Managing Female Sexual Problems Related to Cancer American Cancer Society
E&T	Sexual Health for Those with a Female Body	Orgasms	Learning how our bodies change after cancer and adapting to that change can help us enjoy intimacy and orgasms.	Orgasms After Cancer: Part I - Elephants and Tea Orgasms After Cancer: Part II - Elephants and Tea
Living Beyond Breast Cancer	Sexual Health for Those with a Female Body	Pain with Sex	How to address pain with sex	Pain during sex: Breast cancer side effects LBBC
Living Beyond Breast Cancer	Sexual Health for Those with a Female Body	Reclaim Pleasure	Maintaining a sexual life during cancer treatment and after cancer.	Maintaining sexual life with breast cancer LBBC
ACS	Sexual Health for Those with a Female Body	Sex and the Adult Female with Cancer	A comprehensive guide for those with female bodies about cancer, sex, fertility, and sexuality when affected by cancer.	Sex and the Adult Female with Cancer American Cancer Society
BGB	Sexual Health for Those with Female Bodies	Reclaim pleasure	Classes and books available to help teach Black women and femmes	Black Girl Bliss – Pleasure and Power for Wild Women of Color

Source	Topic	Sub-Topic	Description	Link
			how to cultivate power in pleasure	
CC	Sexual Health for Those with a Female Body	Vaginal Dilators	All about how to use and why to use vaginal dilators	Vaginal Dilators - Cleveland Clinic
Intimate Rose	Sexual Health for Those with a Female Body	Vaginal Dilators	Vaginal dilator questions and answers, videos, use guides	Vaginal Dilator Training Hub - Intimate Rose
AC	Sexual Health for Those with a Female Body	Vaginal Dryness	How to reduce the impact of treatment on the vulva and vagina	How to Reduce the Impact of Treatment on the Vulva and Vagina
Intimate Rose	Sexual Health for Those with a Female Body	Vaginal Stenosis	Vaginal dilator questions and answers, videos, use guides	Vaginal Dilator Training Hub - Intimate Rose
AC	Sexual Health for Those with a Male Body	Cancer and Treatment Effect on the Male Sex Drive	How to advocate for yourself and work with your provider to help minimize the effects of Androgen Deprivation Therapy for Prostate Cancer	Minimize and Treat Androgen Deprivation Therapy Side Effects

Source	Topic	Sub-Topic	Description	Link
AC	Sexual Health for Those with a Male Body	Hormonal Changes and Management	How to advocate for yourself and work with your provider to help minimize the effects of Androgen Deprivation Therapy for Prostate Cancer	Minimize and Treat Androgen Deprivation Therapy Side Effects
ACS	Sexual Health for Those with a Male Body	Erections, Erectile Dysfunction and Solutions	Psychological Effects of Cancer Treatment on Erections	How Cancer Can Affect Erections Adult Males with Cancer American Cancer Society
ACS	Sexual Health for Those with a Male Body	Cancer and Treatment Effect on the Male Sex Drive	Strategies for changes in sexual desire and response linked to cancer and cancer treatment.	How Does Cancer Affect Sexual Desire in Men? American Cancer Society
ACS	Sexual Health for Those with a Male Body	Cancer, Sex, and the Male Body	Understanding How the Male Body Works	Cancer, Sex, and the Male Body American Cancer Society
ACS	Sexual Health for Those with a Male Body	Ejaculation	How ejaculation may be affected by Cancer	How Cancer Can Affect Erections Adult Males with Cancer American Cancer Society
	Sexual Health for Those with a Male Body	Ejaculation	Urine Leakage with Ejaculation	How Cancer Can Affect Erections Adult Males with Cancer American Cancer Society
SMSNA	Sexual Health for Those with a Male Body	Erections, Erectile Dysfunction and Solutions	How pelvic floor physical therapy can help alleviate male body sexual health issues	SMSNA - Pelvic Floor Physical Therapy for Male Sexual Dysfunctions

Source	Topic	Sub-Topic	Description	Link
SMSNA	Sexual Health for Those with a Male Body	Erections, Erectile Dysfunction and Solutions	The positive effects of regular aerobic exercise on relieving erectile dysfunction	SMSNA - The Effect of Regular Aerobic Exercise on Erectile Function
ACS	Sexual Health for Those with a Male Body	Erections, Erectile Dysfunction and Solutions	Effect of Cancer, Surgery on Erections	How Cancer Can Affect Erections Adult Males with Cancer American Cancer Society
ACS	Sexual Health for Those with a Male Body	Erections, Erectile Dysfunction and Solutions	Effect of Cancer, Radiation Therapy on Erections	How Cancer Can Affect Erections Adult Males with Cancer American Cancer Society
ACS	Sexual Health for Those with a Male Body	Erections, Erectile Dysfunction and Solutions	Effect of Cancer, Chemotherapy, Targeted Therapy, and Immunotherapy on Erections	How Cancer Can Affect Erections Adult Males with Cancer American Cancer Society
ACS	Sexual Health for Those with a Male Body	Erections, Erectile Dysfunction and Solutions	Effect of Stem Cell Transplants on Erections	How Cancer Can Affect Erections Adult Males with Cancer American Cancer Society
E&T	Sexual Health for Those with a Male Body	Erections, Erectile Dysfunction and Solutions	Understanding why and how to deal with changes in erections when affected by cancer.	Dude, Where's My Erection? Part I - Elephants and Tea Dude, Where's My Erection? (Part II) - Elephants and Tea Dude, Where's My Erection? Part III - Elephants and Tea

Source	Topic	Sub-Topic	Description	Link
AC	Sexual Health for Those with a Male Body	Erections, Erectile Dysfunction and Solutions	Working with a Pelvic Floor Physical Therapist Can help resolve or improve several issues: pelvic pain, pain with sex, vaginal stenosis, urinary and or bowel incontinence, erectile dysfunction	Managing Sexual Dysfunction with Pelvic Floor Physical Therapy Patient Handout
ACS	Sexual Health for Those with a Male Body	Hormonal Changes and Management	Hormone therapy can affect desire – an over of this and your options.	How Does Cancer Affect Sexual Desire in Men? American Cancer Society
ACS	Sexual Health for Those with a Male Body	Libido and Desire Changes	Cancer and its treatment can impact libido – some strategies to address this.	How Does Cancer Affect Sexual Desire in Men? American Cancer Society
ACS	Sexual Health for Those with a Male Body	Orgasm	How the male orgasm may be affected by cancer and its treatment and ways around this	Cancer, Sex, and the Male Body American Cancer Society
E&T	Sexual Health for Those with a Male Body	Orgasms	Learning how our bodies change after cancer and adapting to that change can help us enjoy intimacy and orgasms.	Orgasms After Cancer: Part I - Elephants and Tea Orgasms After Cancer: Part II - Elephants and Tea
ACS	Sexual Health for Those with a Male Body	Pain with Sex	Understanding and addressing pain with sexual intimacy	How Does Cancer Affect Sexual Desire in Men? American Cancer Society
AC	Sexual Health for Those with a Male Body	Erections, Erectile Dysfunction and Solutions	Penile Rehabilitation with a Vacuum Erection Device	Penile Rehabilitation with a Vacuum Erection Device

Source	Topic	Sub-Topic	Description	Link
ACS	Sexual Health for Those with a Male Body	Navigating the Dating Scene	Common dating concerns for males	Cancer, Sex, and Dating Single Adult Males with Cancer American Cancer Society
E&T	Sexual Health for AYA	Orgasms	Learning how our bodies change after cancer and adapting to that change can help us enjoy intimacy and orgasms.	Orgasms After Cancer: Part I - Elephants and Tea Orgasms After Cancer: Part II - Elephants and Tea
Elephants & Tea	Sexual Health for AYA	Erections, Erectile Dysfunction and Solutions	Understanding why and how to deal with changes in erections when affected by cancer.	Dude, Where's My Erection? Part I - Elephants and Tea Dude, Where's My Erection? (Part II) - Elephants and Tea Dude, Where's My Erection? Part III - Elephants and Tea
ACS	Sexual Health for AYA	Fertility Preservation for AYA	Talking about fertility preservation and ensuring this topic is brought up with your child's oncologist is discussed	Preserving Fertility in Children and Teens with Cancer American Cancer Society
St. Jude's	Sexual Health for the AYA	Sexual Health for AYA	Article discussing sex during cancer treatment	Sexual Health During Cancer Treatment - Together by St. Jude™ (stjude.org)
Escape	Sexual Health for AYA	Affirming Healthcare Providers and Resources	Information and support for LGBTQIA+ AYA patients and caregivers. Provides a platform for healthcare organizations to share about their work as well as	Home Escape - LGBTQIA+ Adolescent and Young Adult Cancer Support (escapeayac.org)

Source	Topic	Sub-Topic	Description	Link
			information and support for LGBTQIA+ AYA patients and caregivers	
AC	Sexual Health for AYA	AYA Affected by Cancer: Meeting the Challenge	All things cancer for AYA: support, empathy, resources, insights, sexual health, dating, fertility preservation resources, LGBTQ+ resources	AYA Affected by Cancer: Meeting the Challenge
Stupid Cancer	Sexual Health for AYA	Intimacy for AYA	AYA information and educational videos about sexual health during and after cancer	Sex & Intimacy - Stupid Cancer
CC	Sexual Health for AYA	Navigating the Dating Scene	Strategies for Dating When Affected by Cancer	How to Navigate Dating When You Have Cancer (clevelandclinic.org)

Recommended Books

- Better Sex Through Mindfulness by L. Brotto
- The Better Sex Through Mindfulness Workbook by L. Brotto
- Sex Matters for Women: A Complete Guide to Taking Care of Your Sexual Self by S. Foley, S. Kope, and P. Sugrue
- The Vagina Bible: Separating the Myth from the Medicine by J. Gunter
- Getting the Love You Want: A Guide for Couples by H. Hendrix and H. LaKelly Hunt
- No Less a Woman: Femininity, Sexuality, and Breast Cancer by D.H. Kahane
- Woman Cancer Sex by A. Katz
- Man Cancer Sex by A. Katz
- Becoming Cliterate: Why Orgasm Equality Matters – And How to Get It by L. Mintz
- The Erotic Mind: Unlocking the Inner Sources of Passion and Fulfillment by J. Morin
- Come As You Are: The Surprising New Science That Will Transform Your Sex Life by E. Nagoski
- Come Together: The Science (And Art!) of Creating Lasting Sexual Connections by E. Nagoski
- Sexuality and Fertility After Cancer by L.R. Schover

Source	Topic	Sub-Topic	Description	Link
<ul style="list-style-type: none"><li data-bbox="155 220 1192 253">- And in Health: A Guide for Couples Facing Cancer Together by D. Shapiro<li data-bbox="155 261 1299 293">- A Better Normal: Your Guide to Rediscovering Intimacy After Cancer by T. Devèze				