Virtual Mental and Sexual Health (MSH)

Professional Panel

GOAL

Our goal is to describe the process of compiling short videos from area MSH professionals who welcome individuals and couples with sexual health problems because of cancer treatment.

Providers are reluctant to refer to MSH professionals who they have not met. This video seeks to overcome that barrier and facilitate appropriate referrals by introducing providers to area MSH professionals.

OUTLINE

1. Identify area professionals

These might include social workers, psychologists, mental health providers, psychiatrists, including American Association of Sexuality Educators, Counselors and Therapists (AASECT) - Certified professionals. Consider searching here:

* within your institution, county, or area
* in the AASECT Referral Directory at <https://www.aasect.org/>
* by soliciting the recommendations of cancer care providers via email

2. Share information about After Cancer, Inc.

 This can include the After Cancer patient brochure and website at <https://www.aftercancer.co/>

3. Invite MSH professionals to submit a 3-to-5-minute video that is provider facing or patient facing.

Potential topics include:

* How did they become interested in your field?
* Please briefly describe your education and training.
* Please share your philosophy of practice and any approaches/techniques you find effective.
* Are there any particular problems related to sexual health and cancer you find especially rewarding?
* Do you see individuals only? Couples, adolescents, LGBTQ+?
* What are your patient hours- In-person/ Virtual/ Early AM/ Evenings/ Weekends/ Wait times?
* Add a silly question to draw out speaker. (If you weren't a therapist, what would you be?)
* Ask them to end by sharing any final message they have for potential clients.

4. Inform

Let them know that on the final virtual mental health provider panel video, professionals will appear in alphabetical order by last name.

Empowering Providers. Supporting Patients. Integrating Sexual Health into Cancer Care.

5. Provide technical details

They can record their video on Zoom, save it as an MP4, and send it to you via email.

6. Edit videos

Once all video clips arrive, splice them together in alphabetical order by last name. Add a title and final slide with the MSH professional’s names, office phone numbers, and websites. You can do this with an MP4 editing app or software.

7. Share final video

Send the video to cancer care providers in your institution as a reference for them when making referrals or providing patient videos.

Empowering Providers. Supporting Patients. Integrating Sexual Health into Cancer Care.