# GAP ANALYSIS: Addressing Sexual Health Side Effects in Cancer Care

This assessment helps identify strengths and gaps in your clinic’s readiness to address sexual health side effects in cancer care. Each question includes a brief explanation of why it matters, helping connect identified needs to resources and services available through After Cancer, Inc.

## Advanced Practice Provider with Sexual Health Expertise

Do you currently have an Advanced Practice Provider (APP) with specialty knowledge related to sexual health side effects caused by cancer or its treatment? (YES / NO)
If yes: Does the provider have dedicated clinic time for sexual health visits? How much time per week/month?

Why this matters: Sexual health concerns in oncology require specialized knowledge and time. Without a designated provider, these issues often go unaddressed, impacting quality of life and patient satisfaction.

Response: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

## Staff Training in Patient Sexual Health Education

Do you have staff (nurses, APPs, navigators, or other care team members) trained to discuss and educate patients about sexual health concerns? (YES / NO)
If yes: Please describe the training and how often it is updated.

Why this matters: Trained staff can normalize the conversation, address common side effects, and identify when to refer patients for specialized care. This ensures consistent messaging across the team.

Response: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

## Patient-Facing Educational Resources

Do you have printed, electronic, or video educational content for patients on sexual side effects and navigating intimacy during or after cancer therapy? (YES / NO)
If yes: Please list resources and their format (e.g., brochure, handout, website link).

Why this matters: Having reliable, culturally appropriate, and accessible patient education materials reduces misinformation, empowers patients, and saves clinic time.

Response: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

## Access to Products, Supplies, and Samples

Do you have access to supplies, samples, or information on pharmaceutical products to address sexual side effects? (YES / NO)
If yes: Can your clinic order these products for patients?

Why this matters: Having these items readily available streamlines patient care and improves adherence to recommended interventions.

Response: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

## Referral Network – Uro-Oncology

Do you have a uro-oncology provider in your health system who accepts referrals? (YES / NO)
If not: Do you have an external uro-oncology provider who accepts referrals? Please specify.

Why this matters: Uro-oncologists are essential for managing treatment-related urinary and sexual function concerns, especially in prostate and bladder cancer patients.

Response: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

## Referral Network – Gynecology

Do you have a gynecology provider in your health system who accepts referrals? (YES / NO)
If not: Do you have an external gynecology provider who accepts referrals? Please specify.

Why this matters: Gynecologists are critical for addressing vaginal health, menopause management, and other gynecologic side effects in cancer survivors.

Response: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

## Pelvic Floor Therapy

Do you have a pelvic floor therapist trained in oncology care? (YES / NO)
If yes: Do they have cancer rehabilitation experience?

Why this matters: Pelvic floor therapy can improve urinary, bowel, and sexual function post-treatment, yet few providers are trained in oncology-specific needs.

Response: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

## Mental Health Support

Do you have mental health providers in your system who accept oncology patient referrals? (YES / NO)
If not: Do you have access to external mental health providers? Please specify.

Why this matters: Sexual health is closely tied to mental, emotional, and relational well-being. Having mental health referral options is essential for holistic care.

Response: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

## Survivorship / Supportive Services Administration

Do you have a dedicated survivorship or supportive services administrator who oversees program development and implementation? (YES / NO)

Why this matters: Having a point person ensures sexual health and other survivorship initiatives are integrated and sustained.

Response: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

## Accreditation Goals

Do you want CoC Accreditation? (YES / NO)
Would you like assistance with:
- 4.8 Survivorship
- 7.3 Quality Improvement project to meet survivorship program accreditation
- 7.4 Cancer Program Goal

Why this matters: Meeting these standards supports accreditation readiness and demonstrates commitment to comprehensive, patient-centered care.

Response: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

## Cultural & Language Access

Do you have sexual health education materials available in the languages most spoken by your patients? (YES / NO)

Why this matters: Ensuring materials are available in patient-preferred languages increases accessibility and equity in care.

Response: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

## Staff Comfort Level

How confident is your care team in initiating sexual health discussions? (Scale 1–5)

Why this matters: Assessing staff comfort helps target training and resources to increase confidence and frequency of sexual health conversations.

Response: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

## Patient Feedback

Do you have a way to gather patient feedback on sexual health needs and services? (YES / NO)

Why this matters: Patient feedback ensures services are relevant, effective, and continuously improving.

Response: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

## Services You Are Interested In

Please indicate any areas you would like more information or assistance with (check all that apply):
☐ Staff training
☐ Patient education materials
☐ Referral network development
☐ Product and supply access
☐ Accreditation support
☐ Cultural and language adaptation
☐ Other: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_